

THE 12 ELEMENTS OF POWER



HOW WE GET WHAT WE WANT

RECEIVING

Receive information, Intuit, Allow others to give to us, Request, Feel and express gratitude

DRIVING

Acquisitive, Directive, Penetrating
See what we want and take action to get it

HOW WE ESTABLISH OUR IDENTITY

CONNECTION

Cultivate relationships, Connected to body, earth, emotions and something larger

SELF-RELIANCE

Independent, Focus on task, Take risks
Make things happen, Control

HOW WE RELATE TO OURSELVES AND OTHERS

NURTURING

Care for, Tend to, Heal, Relate, Empathize with other's hurt

PROVIDING

Protect, Rescue, Fix, Pay for, Take action on other's behalf

HOW WE SET PRIORITIES

SENSUALITY

Capacity for pleasure, Create beautiful environments, Activate all senses

PRAGMATISM

Functional, Practical, Level-headed, Straightforward

HOW WE HANDLE CHALLENGES

RESILIENCE

Be candid, Allow to pass through us
Bend with, Feel pain, Hold steady

FIERCENESS

Defend, Speak out, Fight, Analyze,
Plan approach and launch campaign

HOW WE THINK

HOLISM

Multi-task, See connections, See possibilities
Hold a lot simultaneously, Think symbolically

FOCUS

Think with laser sharpness, Articulate,
See "holes", Analyze, Linear, Think literally

